Growing Up In North Yorkshire Results for Dacre Braithwaite 2026

Recently, we received the results of our school's data from the Growing up in North Yorkshire survey which was carried out in the Summer Term last year. Here you can see the headline figures for how our children compared to a data set of over 2,000 children in KS1 (year 2/3) and over 4,500 KS2 (Year 5/6). Overall, it paints a very positive picture for our children.

Most positive differences between Dacre Braithwaite CE Primary School and North Yorkshire KS1: and KS2

KS1 pupils (Year 2 plus Year 3 pupils)	School 2026	N. Yorks 2026	**KS2 Pupils (Years 5 and 6 pupils)**	School 2026	N. Yorks 2026
Pupils who 'always' feel safe being online.	75%	37%	Pupils who said that the opinions of young people make a difference to decisions in school.	90%	50%
Pupils who at least 'sometimes' feel scared to be at school because of other children.	13%	48%	Pupils who agree that the school cares whether they are happy or not.	100%	64%
Pupils who use a device to go online and an adult does not set rules about what they see or do online.	0%	23%	Pupils who washed their hands before lunch on the day before the survey.	95%	60%
Pupils who have had lessons about how to keep safe around water.	100%	78%	Pupils who agree that they have the opportunity to develop leadership skills at school.	100%	67%
Pupils who like being at school 'most of the time'.	83%	60%	Pupils who got at least eight hours sleep the night before the survey.	95%	63%
Pupils who get the help they need in lessons 'most of the time'.	71%	49%	Pupils who have found school lessons about healthy friendships and relationships 'quite' or 'very' useful.	91%	57%
Pupils who are allowed to use a computer, tablet or phone after they have gone to bed.	4%	20%	Pupils who feel unhappy, embarrassed, or worried/nervous/scared about puberty, growing up and body changes.	5%	37%
Pupils who have had lessons about how they feel (emotions).	100%	87%	Pupils who ate at least 5 portions of fruit and vegetables on the day before the survey.	55%	26%
Pupils who 'always' feel happy at home.	88%	72%	Pupils who are asked for their ideas and opinions about what happens in their school.	95%	63%
Pupils who worry about their family 'most days'.	21%	38%	Pupils who had a high score (12 – 15) on the Stirling Social Desirability Sub-Scale.	52%	24%

Statistics where we compare favourably above North Yorkshire children as a whole. (NY % are in brackets)

KS1	**KS2**
FRUIT AND VEGETABLES 0% (3%) of pupils said they 'never' eat fresh fruit.	HYGIENE 95% (60%) of pupils responded that they washed their hands before

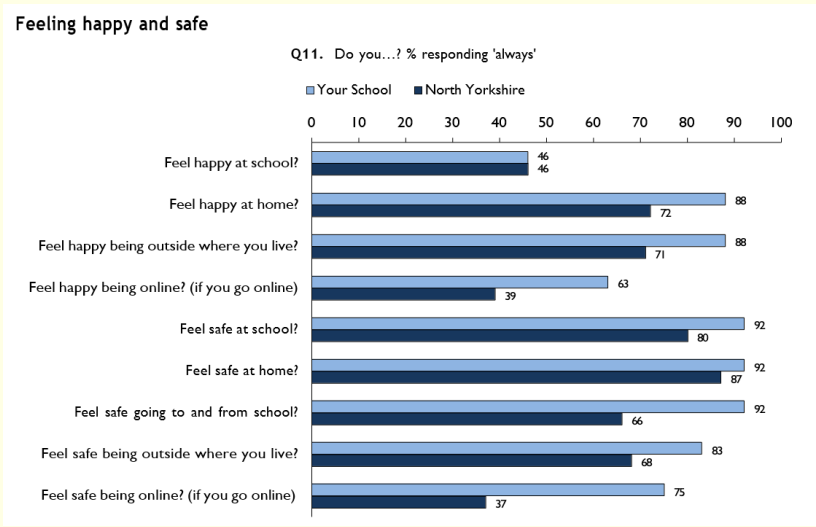
† 4% (10%) of pupils said they 'never' eat vegetables. † 60% (45%) of pupils said they eat vegetables on 'most days'. FOOD AT SCHOOL † 67% (60%) of pupils said they normally have school dinners, while 17% (15%) normally have packed lunches and 17% (25%) have both. † 80% (74%) of pupils responded that they 'always' wash their hands after visiting the toilet,	lunch on the day before the survey, while 0% (11%) said they are 'not sure' if they did. EYESIGHT † 86% (79%) of pupils responded that they have had their eyes tested (e.g. at an opticians/optometrist), while 9% (6%) said they are 'not sure' if they have.
DENTAL HEALTH † 91% (78%) of pupils responded that they cleaned their teeth at least twice on the day before the survey. † 0% (4%) of pupils responded that they did not clean their teeth at all on the day before the survey. † 96% (91%) of pupils responded that they have been to a dentist, while 4% (3%) said they 'don't know' if they have.	DENTAL HEALTH † 100% (98%) of pupils responded that they have been to the dentist, while 0% (1%) said they are 'not sure' if they have. † 0% (3%) of pupils said they didn't clean their teeth at all on the day before the survey. † 100% (79%) of pupils said they cleaned their teeth at least twice on the day before the survey.
FEELING HAPPY AND SAFE † 46% (46%) of pupils responded that they 'always' feel happy at school and 88% (72%) 'always' feel happy at home.	BREAKFAST † 100% (84%) of pupils said they had something to eat at home before lessons on the morning of the survey, while 0% (8%) said they had something to eat at school/breakfast club.
SWIMMING † 100% (76%) of pupils said they have been to swimming lessons, while 0% (21%) said they haven't.	FIVE-A-DAY † 60% (26%) of boys and 50% (26%) of girls responded that they ate at least 5 portions of fruit and vegetables on the day before the survey. † 95% (74%) of pupils responded that they have found school lessons about healthy eating 'quite' or 'very' useful, while 0% (5%) found them 'not at all useful' and 0% (3%) couldn't remember any.
SCHOOL † 83% (60%) of pupils responded that they like being at school 'most of the time', while 17% (31%) said they 'sometimes' do. † 100% (95%) of pupils said they have had school lessons about how to keep themselves safe and 100% (93%) said they have had lessons about keeping safe online. † 71% (49%) of pupils responded that they get the help they need in lessons 'most of the time', while 29% (45%) said they 'sometimes' do. † 83% (67%) of pupils responded that they think they are getting better at	SCHOOL FOOD † 68% (37%) of pupils said they like that their school dinners are tasty and 79% (23%) said they like that they are healthy. † 95% (72%) of pupils think school food has healthy options, while 0% (5%) think it doesn't. WATER † 100% (97%) of pupils responded that they can get water at school, while 0% (1%) said they can't. ○ PHYSICAL ACTIVITY

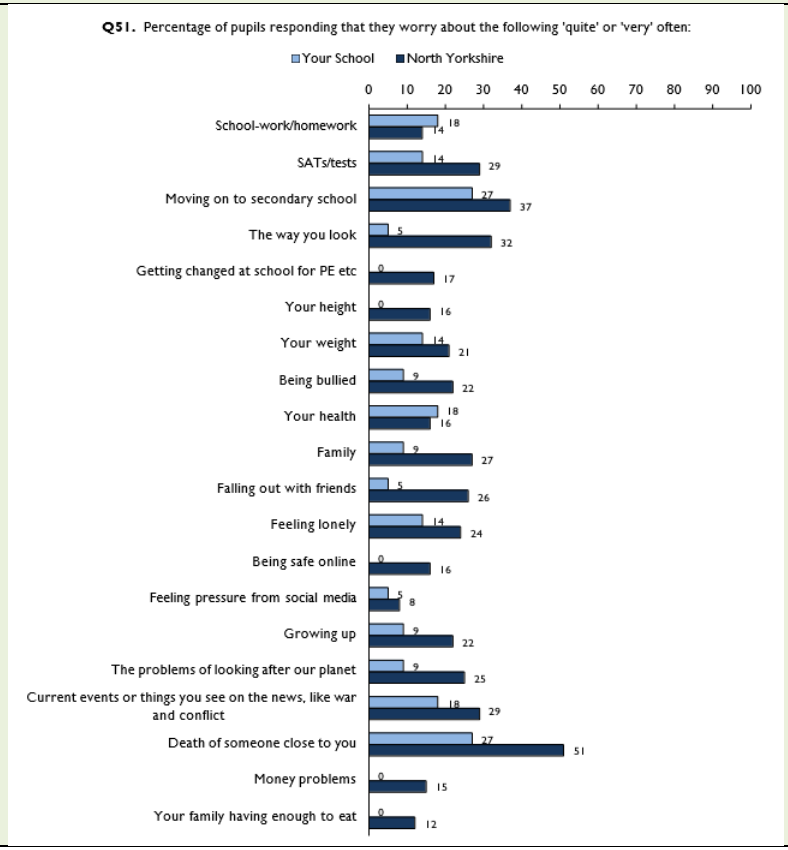
school work 'most of the time', while 17% (25%) said they think they 'sometimes' are.	† 73% (29%) of pupils said they do active play the most often at school, while 14% (20%) said they do it most often at home.
SUPPORT † 100% (96%) of pupils said they have an adult they can talk to if they have worries or are upset.	SWIMMING † 100% (80%) of pupils said they can swim the full longest length of a swimming pool on their own, while 0% (9%) said they can't.
† FEELING SAFE IN SCHOOL † 0% (11%) of pupils responded that they feel scared to be at school because of other children 'most of the time', while 13% (33%) said they 'sometimes' do. † BEDTIME † 96% (77%) of pupils responded that they have a set bedtime for nights when it's school the next day. † 0% (8%) of pupils said they have a set bedtime of between 9 and 10pm or later when it's school the next day. † 25% (39%) of pupils responded that they have a TV in their bedroom. † 9% (19%) of pupils responded that they are allowed to watch TV after they have gone to bed.	SLEEPING PATTERNS † 95% (63%) of pupils responded that they got at least eight hours sleep the night before the survey. † 100% (95%) of pupils said they have their own bed to sleep in, while 0% (3%) said they 'sometimes' do. † 73% (59%) of pupils responded that they went to sleep soon after going to bed the night before the survey. † 0% (8%) of pupils responded that they didn't go to sleep soon after going to bed the previous night because they were using a tablet or phone. FEELING SAFE AND HAPPY † 100% (96%) of pupils responded that they 'mostly' or 'always' feel safe at home and 100% (85%) said they 'usually' or 'always' feel safe at school. SCHOOL LESSONS † 80% (57%) of boys and 100% (59%) of girls responded that they have found school lessons about healthy friendships and relationships 'quite' or 'very' useful. † 0% (8%) of boys and 0% (6%) of girls responded that they have found school lessons about healthy friendships and relationships 'not at all useful'. THE STIRLING CHILDREN'S WELLBEING SCALE † 86% (67%) of pupils responded that they have been thinking that lots of people care about them over the past couple of weeks and 90% (68%) think there are many things they can be proud of. † VIEWS AND OPINIONS † 95% (63%) of pupils responded that they are asked for their ideas and opinions about what happens in their school, while 0% (8%) feel they

are not asked for.

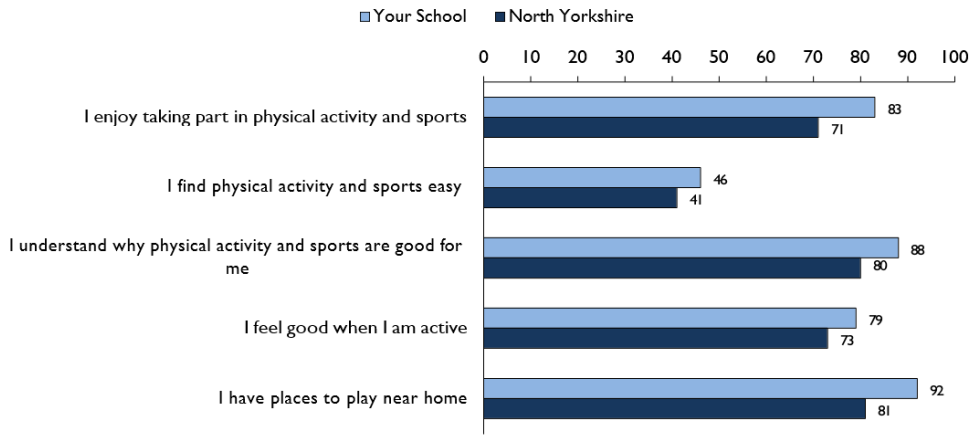
- 90% (50%) of pupils responded that the opinions of young people make a difference to decisions in school, while 0% (9%) said they don't.
- 82% (55%) of pupils responded that they have found school lessons about 'you and your community' 'quite' or 'very' useful, while 0% (9%) have found them 'not at all useful' and 5% (13%) couldn't remember any.

Feeling happy and safe

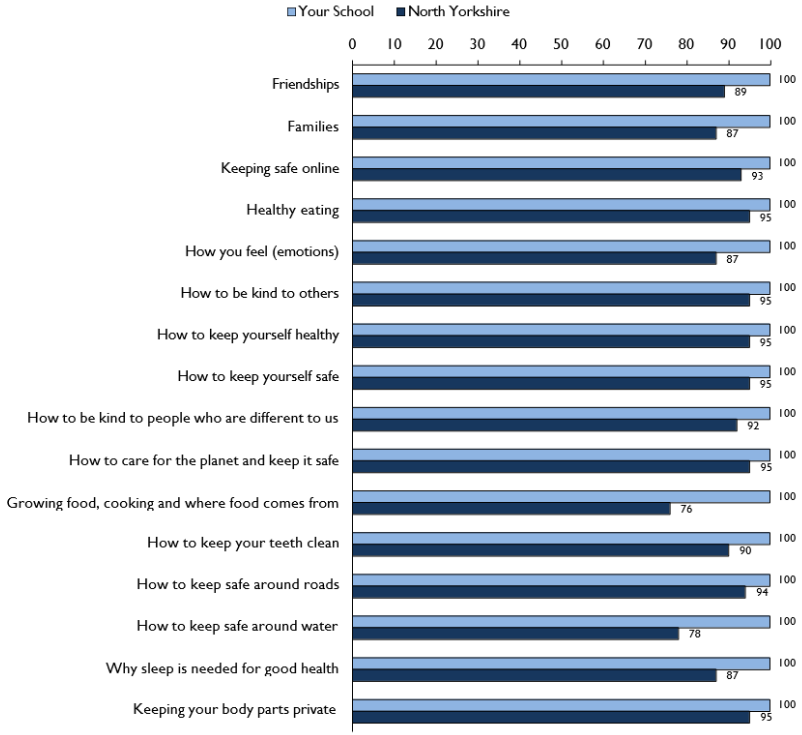




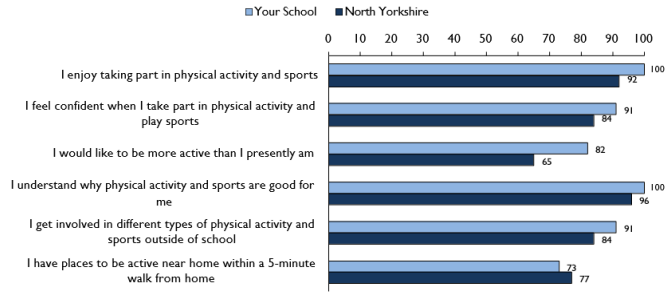
Q12. Percentage of pupils responding 'yes' with the following statements about physical activity:



Q18. Percentage of pupils responding that they have had school lessons about the following:



Q29. Percentage of pupils responding that they 'agree' or 'strongly agree' with the following statements about physical activity:



Q68. Percentage of pupils responding that they have found school lessons about the following 'quite' or 'very' useful:

